



Job Search Success Weekly Debrief

For the week of: _____ - _____

Activity	Hours Completed	Notes and Observations
Job Posting Review		
Company Research		
Interview Preparation and Practice		
Application Targeting		
Networking		
Wellness Break		

Learn and Grow

What was the most difficult activity for you this week? What made it hard? Is there an activity you're avoiding? Why is that? Next week is a new start. Learn from this week and make it a great one.

Celebrate your Accomplishments!

Did you do at least one hour of each activity every day? Is there one activity that went especially well this week? What outcomes (e.g. a new contact, a scheduled interview, etc.) can you celebrate this weekend?



Job Search Success Weekly Planner

	Monday	Tuesday	Wednesday	Thursday	Friday
9 - 10					
10 - 11					
11 - 12					
12 - 1					
1 - 2					
2 - 3					
3 - 4					
4 - 5					

- PST: Job Posting Review
- RES: Company Research
- INT: Interview Preparation/Practice

- APP: Application Targeting
- NET: Networking
- BRK: Wellness Break